

## Training Modules

The core aim of the pilot project was to develop values-based training modules for staff and trainers using Accelerated learning methods.

Accelerated Learning is an approach that assumes each person has a preferred learning style. Using the techniques that match the learner's style is the pathway to more natural, easier, faster and more efficient learning.

It was agreed that the themes of values and communication would form the basis of the training modules to be piloted.

The course was designed by Pieter Verdoorn and Paul Twynam, and were set up to meet the needs expressed in the focus group surveys carried out in each country.

The first course took place in Rotterdam, Netherlands, in September 2006. There were 8 trainers of social workers who support people with an intellectual disability. The training course lasted 2 days.

Trainees found it was a stimulating and motivating learning experience, but they still needed some time to work out how they would put the training into practice.

The second course was scheduled in December 2006, in Varna, Bulgaria. All the participants definitely want to and think at this stage they would be able to apply what they have learnt both when they work as front line workers and as trainers. They said they have some ideas which they want to develop as to exactly how this is going to be done.

The third course took place in Budapest, Hungary, in May 2007. There were both trainers and front line workers among the participants. This course will be supplemented with specific additional content on challenging behaviour, since it was a major issue expressed in the Hungarian survey. Our Hungarian partner is going to deliver this training content herself with the help of Hungarian trainers who attended the course in May.

The fourth course was delivered in Luxembourg, in May 2007.